

1 IN 4 ADULTS HAVE SOME FORM OF DIAGNOSED DEPRESSION.

**WE ALL  
DESERVE  
TO RECEIVE  
THE CARE  
WE NEED.**



**You can be the one to  
give that gift. Make your  
pledge today.**

Your gift will be used to meet the areas of greatest need right here at home. From housing to education to family counseling, every program is vetted for maximum effectiveness, and **every dollar stays here in our community.**

**LEARN MORE AT**  
[hwmuw.org](http://hwmuw.org)



Heart of West Michigan  
United Way